

Kameda Medical Center  
Department of General Internal Medicine  
929 Higashi-cho, Kamogawa-shi  
Chiba 296-8602



## Internal Medicine Residency program Overall Educational Goals

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### Introduction

The Kameda Medical Center (KMC) Internal Medicine Residency Program develops skilled, ethical, and compassionate physicians through a rigorous curriculum. It equips residents with essential clinical expertise, leadership skills, and professional attributes. The program aims to meet the **ACGME-International (ACGME-I)** accreditation standards and aligns with **Japanese Society of Internal Medicine (JSIM) training goals**, preparing residents for medical practice in Japan and globally.

With 38% of its population being elderly, the Southern Boso Peninsula area and Chiba Prefecture face significant healthcare challenges. Our program emphasizes **community health and geriatric care**, training residents to manage age-related conditions, coordinate care for older adults, and address the impact of demographic shifts on healthcare delivery.

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### 1. Educational Purpose and Philosophy

The primary goal of the residency program is to develop competency in the comprehensive management of acute and chronic medical conditions across a broad spectrum of patient populations. Residents will acquire:

- Expertise in **patient care** and **medical knowledge**, ensuring they can diagnose and manage a variety of medical conditions.
- Experience in **collaborative healthcare delivery**, working closely with interdisciplinary teams, including nurses, care coordinators, pharmacists, social workers, and other specialists.
- Competency in **systems-based practice**, focusing on hospital operations, patient safety, and healthcare quality improvement.
- Skills in **interpersonal communication and professionalism**, promoting ethical conduct and effective collaboration with patients and colleagues.
- The ability to engage in **practice-based learning**, using self-reflection and evidence-based medicine to enhance patient care practices.
- Exposure to **quality standards and national guidelines**, including **Joint Commission International Core Measures** and the **Agency for Healthcare Research and Quality (AHRQ)**.
- Proficiency in the **JSIM core competencies**, including **diagnostic reasoning, holistic patient-centered care, evidence-based medicine, and ethical medical practice**.

## 2. Commitment to Educational Excellence

KMC fosters a **dynamic learning environment** that emphasizes evidence-based medicine, patient-centered care, and lifelong learning. Residents are encouraged to engage in scholarly activities, problem-solving, and independent decision-making while adhering to **JSIM's principles of ethical practice and continuous professional development**.

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## 3. Interdisciplinary Collaboration and Comprehensive Training

Residents train in diverse healthcare settings, including inpatient, outpatient, rehabilitation, and psychiatric services, gaining broad clinical exposure. The program promotes **teamwork, interdisciplinary collaboration, and mentorship**, aligning with **JSIM's approach to integrated internal medicine training**.

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## 4. Patient Safety and Quality Improvement

Our commitment to patient safety is embedded across the curriculum, with targeted discussions during the **Noon Conference** and involvement in quality improvement initiatives throughout clinical rotations. Kameda Medical Center adheres to **Joint Commission International (JCI)** standards, ensuring that our residents are trained to meet globally recognized benchmarks for healthcare safety and quality. To uphold these high standards, residents are required to complete comprehensive **e-learning modules** that cover core principles of risk management, error reduction, and healthcare quality improvement. These modules emphasize practical strategies to improve patient outcomes, reinforce safe clinical practices, and prepare residents to excel in high-pressure medical environments. Our program's dedication to excellence ensures residents develop the skills necessary to lead safety initiatives and deliver high-quality care in both local and global healthcare settings.

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## 5. Professionalism, Ethics, and Integrity

Residents are trained in **ethical medical practice, diversity, equity, and inclusion**, fostering respect and empathy in patient interactions. The curriculum ensures adherence to **JSIM's ethical guidelines** and promotes professional responsibility and lifelong learning.

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## 6. Research, Scholarship, and Innovation

Residents receive mentorship in **clinical research, case reports, and scholarly publications**, with opportunities to present findings at conferences. The program integrates **cutting-edge technology** and aligns with **JSIM's emphasis on research and evidence-based practice**.

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## 7. Resident Wellness and Professional Growth

KMC supports resident wellness through **mental health programs, work-life balance initiatives, and leadership development**. The curriculum follows **JSIM's recommendations for sustainable career development and physician well-being**.

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## 8. Global Health and International Collaboration

Residents gain exposure to **international medical students and residents, international conferences participation, and cross-border educators**, reinforcing **JSIM's emphasis on international exchange and best practices in healthcare**.

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## Conclusion

The Kameda Medical Center Internal Medicine Residency Program is committed to training the next generation of internal medicine physicians by integrating the highest standards of education, professionalism, patient-centered care, and scholarly activity. With a curriculum focused on clinical excellence, ethics, and research engagement, we prepare residents for lifelong learning, we aim to prepare our residents for successful careers in internal medicine and beyond.

***Masayuki Nogi, MD, MHPE***  
***Internal Medicine Residency Program Director***

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